

March Preschool Breakfast Menu: Serving ages 3 and 4

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | | 1 Quesadilla Ham (1M) Cheese (1M) Egg (2.25M) Unsweetened Applesauce (¼ Cup) Unflavored 1% Milk (1 Cup) |
| 4 WG Biscuit and Gravy (2G) Diced Pears (¼ Cup) Unflavored 1% Milk (1 Cup) | 5 Scrambled Eggs with Cheese (2M) WG Toast (1G) Sliced Apples (¼ Cup) Unflavored 1% Milk (1 Cup) | 6 WG Banana Muffin (1G) Yogurt (1M) Diced Peaches (¼ Cup) Unflavored 1% Milk (1 Cup) | 7 Breakfast Pizza Sausage/Cheese (2.75M) WG Crust (1.75G) Banana (1 Count- ½ Cup) Unflavored 1% Milk (1 Cup) | 8 WG Cinnamon French Toast (1G-1 Package) Unsweetened Applesauce (¼ Cup) Unflavored 1% Milk (1 Cup) |
| 11 WG Mini Maple Waffles (1G-1 Package) Sliced Pears (¼ Cup) Unflavored 1% Milk (1 Cup) | 12 WG Oatmeal (1G) Blueberries (¼ Cup) Unflavored 1% Milk (1 Cup) | 13 WG Cinnamon Chex (1G) Sweet Mixed Fruit (¼ Cup) Unflavored 1% Milk (1 Cup) | 14 WG Homemade French Toast Toast Casserole (1G) (1.5M) Mandarin Oranges (¼ Cup) Unflavored 1% Milk (1 Cup) Maple Syrup cup (1 Tbsp) | 15 Yogurt Parfait Vanilla Yogurt (1G) WG Graham Crackers (1G)(1 Package) Strawberries (¼ Cup) Unflavored 1% Milk (1 Cup) |
| 18 Belgian Waffles (1G) Sweet Fruit Mix (¼ Cup) Unflavored 1% Milk (1 Cup) Maple Syrup cup (1 Tbsp) | 19 Turkey Sausage Biscuit Sandwich Turkey Sausage (1.5M) WG Biscuit (2G) Diced Pears (¼ Cup) Unflavored 1% Milk (1 Cup) | 20 WG Banana Muffin (1G) Yogurt (1M) Sweet Diced Peaches (¼ Cup) Unflavored 1% Milk (1 Cup) | 21 WG Fluffy Pancakes (1G) Banana (1 Count-½ Cup) Unflavored 1% Milk (1 Cup) Maple Syrup Cup (1 Tbsp) | 22 Quesadilla Ham (1M) Cheese (1M) Egg (2.25M) Unsweetened Applesauce (¼ Cup) Unflavored 1% Milk (1 Cup) |
| 25 WG Biscuit and Gravy (2G) Sliced Pears (¼ Cup) Unflavored 1% Milk (1 Cup) | 26 Turkey Sausage Biscuit Sandwich Turkey Sausage (1.5M) WG Biscuit (2G) Sliced Apples (¼ Cup) Unflavored 1% Milk (1 Cup) | 27 WG Banana Muffin (1G) Yogurt (1M) Diced Peaches (¼ Cup) Unflavored 1% Milk (1 Cup) | 28 Breakfast Pizza Sausage/Cheese (2.75M) WG Crust (1.75G) Banana (1 Count- ½ Cup) Unflavored 1% Milk (1 Cup) | 29 WG Cinnamon French Toast (1G-1 Package) Unsweetened Applesauce (¼ Cup) Unflavored 1% Milk (1 Cup) |

March Preschool Lunch Menu: Serving ages 3 and 4

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | | 1 Pizza Cheese (1.5M) WG Crust (1.75G) Seasoned Peas and Carrots (¼ Cup) Banana (1 Count-½ Cup) Unflavored 1% Milk (1 Cup) |
| 4 Chicken and Waffles Chicken (2M) WG Waffles (2G) Tater Tots (¼ Cup) Fresh Grapes (¼ Cup) Unflavored 1% Milk (1 Cup) Ketchup (1 Tbsp) Maple Syrup Cup (1 Tbsp) | 5 Cheesy Ravioli (2M) WG Pasta (1G) Steamed Corn (¼ Cup) Blueberries (¼ Cup) Unflavored 1% Milk (1 Cup) | 6 Baja Fish Sticks (2M) Breading on Fish (1.25G) Cucumber Slices (¼ Cup) Mandarin Oranges (¼ Cup) Unflavored 1% Milk (1 Cup) Ranch (1 Tbsp) | 7 Grilled Cheese Cheese (1M) WG Bread (2G) Steamed Baby Carrots (¼ Cup) Banana (1 Count-½ Cup) Unflavored 1% Milk (1 Cup) | 8 Pepperoni Pizza (1.75M) Flatbread (1.75G) Cooked Mixed Vegetables (¼ Cup) Mandarin Oranges (¼ Cup) Unflavored 1% Milk (1 Cup) |
| 11 Chicken Tenders Chicken (2M) WG Breading(1G) Red Pepper Slices (¼ Cup) Sweet Diced Peaches (¼ Cup) Unflavored 1% Milk (1 Cup) Ketchup (1 Tbsp) | 12 Turkey and Cheese Sandwich Turkey and Cheese (2M) WG Bread (1 G) Steamed Carrots (¼ Cup) Fresh Apple (¼ Cup) Unflavored 1% Milk (1 Cup) | 13 WG Pancakes (2G) Sausage Patty (2M) Smiley Fries (¼ Cup) Diced Pears (¼ Cup) Unflavored 1% Milk (1 Cup) Maple Syrup Cup (1 Tbsp) | 14 Spaghetti Meatballs (2M) WG Pasta (1G) Seasoned 5 Way Mixed Vegetables (¼ Cup) Banana (1 Count-½ Cup) Unflavored 1% Milk (1 Cup) | 15 Pizza Pepperoni and Pizza (1.75M) WG Crust (1.75G) Fresh Baby Carrots (¼ Cup) Pineapple Tidbits (¼ Cup) Unflavored 1% Milk (1 Cup) Ranch (1 Tbsp) |
| 18 Chicken Patty Chicken (2M) WG Bun (1G) Fresh Baby Carrots (¼ Cup) Orange Slices (¼ Cup) Unflavored 1% Milk (1 Cup) Ketchup (1 Tbsp) Ranch (1 Tbsp) | 19 Corn Dog Chicken (2M) WG Breading (2G) Smiley Fries (¼ Cup) Blueberries (¼ Cup) Unflavored 1% Milk (1 Cup) | 20 Walking Taco Beef (2M) Chips (2G) Steamed Corn (¼ Cup) Mandarin Oranges (¼ Cup) Unflavored 1% Milk (1 Cup) | 21 Creamy Macaroni and Cheese Cheese (2M) WG Pasta (2G) Fresh Cucumber Slices (¼ Cup) Apple Slices (¼ Cup) Unflavored 1% Milk (1 Cup) Ranch (1 Tbsp) | 22 Pizza Cheese (1.5M) WG Crust (1.75G) Seasoned Peas and Carrots (¼ Cup) Banana (1 Count-½ Cup) Unflavored 1% Milk (1 Cup) |

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| <p>25 Chicken and Waffles Chicken (2M) WG Waffles (2G) Tater Tots (¼ Cup) Fresh Grapes (¼ Cup) Unflavored 1% Milk (1 Cup) Ketchup (1 Tbsp) Maple Syrup Cup (1 Tbsp)</p> | <p>26 Cheesy Ravioli (2M) WG Pasta (1G) Steamed Corn (¼ Cup) Blueberries (¼ Cup) Unflavored 1% Milk (1 Cup)</p> | <p>27 Baja Fish Sticks (2M) Breading on Fish (1.25G) Cucumber Slices (¼ Cup) Mandarin Oranges (¼ Cup) Unflavored 1% Milk (1 Cup) Ranch (1 Tbsp)</p> | <p>28 Grilled Cheese Cheese (1M) WG Bread (2G) Steamed Crinkle Carrots (¼ Cup) Banana (1 Count-½ Cup) Unflavored 1% Milk (1 Cup)</p> | <p>29 Pepperoni Pizza (1.75M) Flatbread (1.75G) Cooked Mixed Vegetables (¼ Cup) Mandarin Oranges (¼ Cup) Unflavored 1% Milk (1 Cup)</p> |
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