

**September Tots Breakfast Menu**  
**Serving ages 1-2**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>6</b> Labor Day for Closed	<b>7</b> Apple Cinnamon Muffin (1G) Sliced Peaches (1/2 C) Whole Unflavored Milk (1 C)	<b>8</b> Egg & Cheese English Muffin Sandwich (1M, 2 G) -Egg & Cheese (1M) -English Muffin (2G) Juicy Pineapple Tidbits (1/4 Cup) Whole Unflavored Milk (1 C)	<b>9</b> Blueberry Parfait w/ Graham Crackers -Yogurt (1M) -Graham Cracker (1 G) -Blueberry (½ c) Whole Unflavored Milk (1 C)	<b>10</b> Muffin (1G) Yogurt (1M) Unsweetened Applesauce (¼ C) Whole Unflavored Milk (1 C)
<b>13</b> French Toast (2 M, 1.25G) Juicy Pineapple Tidbits (1/4 Cup) Whole Unflavored Milk (1 C) Grape Jelly	<b>14</b> Mini Blueberry Pancakes (1G, 1Pkg) Mixed Tropical Fruit (½ C) Whole Unflavored Milk (1 C)	<b>15</b> Muffin (1G, 1 Pkg) 1% Unflavored Milk (1 C)	<b>16</b> Cinnamon Toast Crunch Cereal (1 G, 1Pkg) Juicy Mandarin Oranges (½ C) Whole Unflavored Milk (1 C)	<b>17</b> Blueberry Pancakes (1G, 1 Pkgs) Applesauce (¼ C) Whole Unflavored Milk (1 C)
<b>20</b> Pumpkin Bread Slice (1G, 1 Pkgs) Sweet Mixed Fruit (1/2 C) Whole Unflavored Milk (1 C)	<b>21</b> Sweetened Sunbutter Bagel -Sun butter (1M) -Bagel (2 G) Applesauce (¼ C) Whole Unflavored Milk (1 C)	<b>22</b> Scrambled Eggs w/ Cheese & Buttery English Muffin -Scrambled Eggs (2M) -Cheese (.5 M) -English Muffin (2G) Fresh Banana (1 each) Whole Unflavored Milk (1 C)	<b>23</b> Blueberry Oatmeal -Oatmeal (1G) -Blueberry (1/2 c fruit) Whole Unflavored Milk (1 C)	<b>24</b> Egg & Cheese Biscuit Sandwich (1.5M, 2G) -Egg (1M) -Cheese (.5M) -Biscuit (2G) Diced Pears (½ C) Whole Unflavored Milk (1 C)
<b>27</b> Peach Parfait w/ Graham Crackers (1M, 1G, ½ C fruit) Whole Unflavored Milk (1 C)	<b>28</b> French Toast Sticks (2G, 1.5M) Juicy Mandarin Oranges (½ C) Whole Unflavored Milk (1 C)	<b>29</b> Pancake (2G, 1pgk) Banana (1 Each) Whole Unflavored Milk (1 C) Maple Syrup Cup	<b>30</b> Turkey Sausage Breakfast Pizza (1M, 1.75G, 1pgk) Mixed Tropical Fruit (1/2 C) Whole Unflavored Milk (1 C)	<b>1</b> Mini Strawberry Cream Cheese Bagels (2G, 1pkg) Unsweetened Applesauce (¼ C) Whole Unflavored Milk (1 C)

**September Tots Lunch Menu**  
**Serving Ages 1-2**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>6</b> Closed for Labor Day	<b>7</b> Breaded Chicken Tenders (2M, 1G) Steamed Corn (¼ C) Mixed Tropical Fruit (1/4 C) Whole Unflavored Milk (1 C)	<b>8</b> Golden Corn Dog (2M, 2G) Baked Beans (1/4 C) Diced Pears (1/4 C) Whole Unflavored Milk (1 C)	<b>9</b> Mac & Cheese (2M, 2G) Sliced Carrots (1/4 C) Fresh Banana (1 each) Whole Unflavored Milk (1 C)	<b>10</b> Scrambled Eggs with Pancakes (2M, 2G) Hash Browns (½ C) Juicy Mandarin Oranges (½ C) Whole Unflavored Milk (1 C)
<b>13</b> Mini Corn Dogs (2M, 2G) Green Beans (1/4 C) Mixed Tropical Fruit (1/4 C) Whole Unflavored Milk (1 C)	<b>14</b> Grilled Cheese (2M, 2G) Mixed Veggies (¼ C) Unsweetened Applesauce (1/4 C) Whole Unflavored Milk (1 C)	<b>15</b> No lunch, please bring student lunch	<b>16</b> Mozzarella Quesadilla (2M, 2G) Steamed Corn (¼ C) Fresh Banana (1 each) Whole Unflavored Milk (1 C)	<b>17</b> Juicy Hamburger (2M, 2G) Potato Wedge (¼ C) Mixed Tropical Fruit (1/4 C) Whole Unflavored Milk (1 C)
<b>20</b> Breaded Popcorn Chicken (2M, 1G) Peas (¼ C) Juicy Pineapple Tidbits (¼ C) Whole Unflavored Milk (1 C)	<b>21</b> Cheese Stuffed Breadsticks (2M, 2G) Marinara Sauce (¼ C) Green Beans (¼ C) Mixed Tropical Fruit (1/4 C) Whole Unflavored Milk (1 C)	<b>22</b> Delicious Cheese Pizza (2.25M, 1.5 G) Sliced Carrots (¼ C) Applesauce (¼ C) Whole Unflavored Milk (1 C)	<b>23</b> Turkey and Cheese Sub (2M, 2G) Steamed Corn (1/4 C) Diced Pears (1/4C) Whole Unflavored Milk (1 C)	<b>24</b> Grilled Cheese (2M, 2G) Cooked Mixed Veggies (¼ C) Mixed Tropical Fruit (1/4 C) Whole Unflavored Milk (1 C)
<b>27</b> Fish Nuggets (2M, 1.5G) Steamed Broccoli (¼ C) Sweet Mixed Fruit (¼ C) Whole Unflavored Milk (1 C)	<b>28</b> Cheese Quesadilla (2M, 2G) Corn (¼ C) Juicy Pineapple Tidbits (¼ C) Whole Unflavored Milk (1 C)	<b>29</b> Mac & Cheese (2M, 2G) Cooked Mixed Veggies (¼ C) Juicy Mandarin Oranges (1/4 C) Whole Unflavored Milk (1 C)	<b>30</b> Sun Butter and Jelly w/ Stringed Cheese (2M, 2G) Green Peas (¼ C) Fresh Banana (1 each) Whole Unflavored Milk (1 C)	<b>1</b> Fluffy Jumbo Waffles w/ Turkey Sausage (1M, 2G) Hash Brown (¼ C) Mixed Tropical Fruit (1/4 C) Syrup Cup Whole Unflavored Milk (1 C)

- Alternate food choice: Sunbutter and jelly